



2021 PCC Cyclo-Cross Series

Presented by

SHIMANO



Technical Guide

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QUESTIONS- Please contact (Jeff Faulds) fauldsjeff@gmail.com or (Ben Pye) large2milk@gmail.com

COVID-19 NOTICE:

The OCA has announced club and team activities are permitted to resume in compliance with provincial regulations 364/20:

- All participants must have a 2021 PCC club membership and OCA affiliation to participate.
- COVID-19 self-assessment must be performed prior to each event. This will be done within the “Cycle Club App” website or smart device app. www.cycleclubapp.com
 - The event will be listed with in the app please mark yourself as attending prior to the even if you plan to attend
 - Please join the club “PCC CX”
 - You need to update your “Health Check” within 24hrs of the event. You will be prompted prior to the event by the app. If you are using the web site only you will not get this prompt. A passed and valid “Health Check” within 24hrs of the event is needed to attend the race.
 - Attendance will be taken at the event. Please check in with the timing volunteers when you arrive.
- **These are not public events** – they are open to active members of the Peterborough Cycling Club only.
- There will be 9 Cyclocross races taking place between September and November 2020. All races will take place at [ELMHIRST RESORT](#) except for two being held at [SELWYN BEACH CONSERVATION AREA](#).

Please remember to practice Social Distancing and masks are recommended when this is not possible.

NOTE* Social Distancing is not required while racing or warming up.

SCHEDULE:

Races Series runs on Sundays from Sept 26th – Nov 21st: (See below for event times and dates)

8:30 am – Timing tent open for daily check in. Please check in BEFORE your start time.

8:30 am – Course opens for pre-riding

9:00 am – First Race start (see category start times below)

11:16 am- Last Race finished

11:30 am – Course take down

*Podiums will take place, for each start, directly after each race. **Please wear your mask if you are going on the podium.**

RACE START TIMES

Start 1 – 9:00AM – M&F – 30 min. – Max 20 racers

Suggested for Faster youth, beginner, recreational racers

Start 2 – 9:00:30AM – M&F – 30 min. – Max 20 racers

Suggested for Slower youth, beginner, recreational racers

Start 3 – 10:00AM – M&F – 45 min. – Max 20 racers

Suggested for Intermediate racers

Start 4 – 10:00AM – M&F – 45 min. – Max 20 racers

Suggested for Expert racers

Start 5 – 11:00 – M&F – 15 min. – Max 15 racers

Suggested for 7 to 10 year old, fastest most able kids race

Start 6 – 11:00:30AM – M&F – 15 min. – Max 15 racers.

Suggested for 5 to 8 year old, slower less experienced kids race

Start 7 – 11:01AM – M&F – 15 min. – Max 10 racers.

Suggested for 6 and under, young and or new racers, riders who may need assistance to complete a lap. Wheel size under 20” should be in this start

SERIES POINTS STRUCTURE:

The series consist of 9 events. The overall series winner will be the best 7 results of 9 race points totaled together. We encourage that you attend more than 7 races so you have more chances at your best 7 finishes. Series points will be awarded as follows

Finishing Position	Series Points	Finishing Position	Series Points	Finishing Position	Series Points	Finishing Position	Series Points
1st	45	11th	30	21st	20	31st	10
2nd	41	12th	29	22nd	19	32nd	9
3rd	39	13th	28	23rd	18	33rd	8
4th	37	14th	27	24th	17	34th	7
5th	36	15th	26	25th	16	35th	6
6th	35	16th	25	26th	15	36th	5
7th	34	17th	24	27th	14	37th	4
8th	33	18th	23	28th	13	38th	3
9th	32	19th	22	29th	12	39th	2
10th	31	20th	21	30th	11	40th	1

REGISTRATION:

All racers must have a 2021 PCC club membership. *No CX add-on required*. The cost is \$25 (\$5 for kids/youth) for the membership, plus \$45 for OCA affiliation license. Please pre-purchase your membership, as it CAN NOT be purchased on site. Racer package will be picked up at the first attended event.

Online registration for races will be facilitated through the "Cycle Club App" website or app www.cycleclubapp.com. This can be downloaded to a mobile device via the App store or Google play. It can also be used on a PC or Mac for non-mobile users. Registration through the app is MANDATORY as the "Health Check" is done through this service. Email liam@cycleclubapp.com for assistance or technical support with this.

COURSE DESCRIPTION:

Cyclo-Cross races typically take place in the autumn and winter (September–November) and consists of many laps of a short (2.5–3.5 km) course featuring pavement, wooded trails, grass, steep hills and obstacles requiring the rider to quickly dismount, carry the bike while navigating the obstruction, and remount.

EVENT DATES & COURSE LOCATIONS:

September 26th – Elmhirst's Resort - 1045 Settlers Line, Keene, Ontario

October 2nd – (SATURDAY RACE) Elmhirst's Resort - 1045 Settlers Line, Keene,

Ontario October 11th – (MONDAY RACE) Elmhirst's Resort - 1045 Settlers Line, Keene,

Ontario October 17th – Selwyn Beach CA – 2251 Birch Island Rd, Lakefield, Ontario

October 24th – Elmhirst's Resort - 1045 Settlers Line, Keene, Ontario

October 31st – Elmhirst's Resort - 1045 Settlers Line, Keene, Ontario

November 7th – Selwyn Beach CA – 2251 Birch Island Rd, Lakefield,

Ontario November 14th – Elmhirst's Resort - 1045 Settlers Line, Keene,

Ontario November 21st – Elmhirst's Resort - 1045 Settlers Line, Keene,

Ontario

KID'S RACE: 11:00AM start (Children aged 5 -10)

The kid's race will be held on a modified version of the adult's course. Each child must have a PCC membership. Each child will get a number plate and timing chip when they sign up for the season.

EVENT RULES:

Cones and tape

We use cones or caution tape to close off and mark the course. This tape is affixed to trees, stakes and strung across pathways or along pathways to show riders where to go, or where not to go. Cones or tape can show participants where not to go, or it can be used to outline the outside (or inside) of a corner, or to keep riders out of a certain area. Please stay within the intended and marked course during the race and during practice. Failure to do so can result in disqualification.

Runway

We often share park space where there is a game playing field (baseball, soccer, football, etc.), but at Elmhirst we are adjacent to an airfield with an active runway. Please do not, at any time, ride your bike on the runway. We have permission to use this property on the condition that we adhere to safe, responsible use of the land. If this is not respected, we may lose permission to hold events there.

Numbers

Each rider will receive a number (and timing chip) when they sign up. These are yours for the entire series. The number does not reflect your standing in the series, but might correspond to your start order. TBD.

The number is to be pinned on your **Shoulder towards the front so it can be seen for timing purposes.

**Shoulder – Numbers are pinned on either the left or right side depending on the course and timing tent location. Please refer to the lead timer for day-of-race instructions.

The timing chip will be affixed to the Fork leg of your bike on the same side as the bib number.

Start / Finish Area

The Start/Finish line will be clearly marked, but the course direction can change from week to week. Take note of these changes on the day-of-race.

Feed Zones and Technical Assistance

There is no feeding or using water bottles during cross races unless the temp is above 20 degrees. You may have spare wheels, bikes or other tech assistance but can only be had in the tech zone. Our tech zone will be near the start/finish line.

Pulling Riders

Riders will not be pulled unless they have broken a rule and are being disqualified.

Pre-Rides

Pre-riding is permitted as soon as the course is open for riding. This is usually at about 8:30am, but this is not a set time. If you arrive before the set up is complete, please lend a hand in completing the course set up to allow it to be open sooner.

Bad Weather

This is cross so we ride rain or shine or snow etc. If there is severe weather that poses a danger to the riders the race may be cancelled. We will notify you as soon as possible if this is the case.

Bike

A proper cyclocross bike is recommended but this is a “for everyone” event so ride what you have. Any bicycle that is in proper working order, has working brakes, and is safe, is welcomed for use.

Respect

While this is racing it is all in the name of fun. Respect for the organizers and fellow racers must be maintained. Especially during the socially challenging times of COVID 19 maintaining a level attitude and maintaining respect is a must. There is a Zero tolerance for poor attitude and behaviors while at these events. Immediate disqualification for the series will be given to those who can't do this.

Upgrading

Riders who wish to upgrade to the next level of racing are required to propose their case to the PCC CX committee for approval. While we encourage you to race at your highest level, some requests may be denied based on age, race maturity, and/or ability.

Racing Classifications

Kids – Age range from 5 - 10 years old

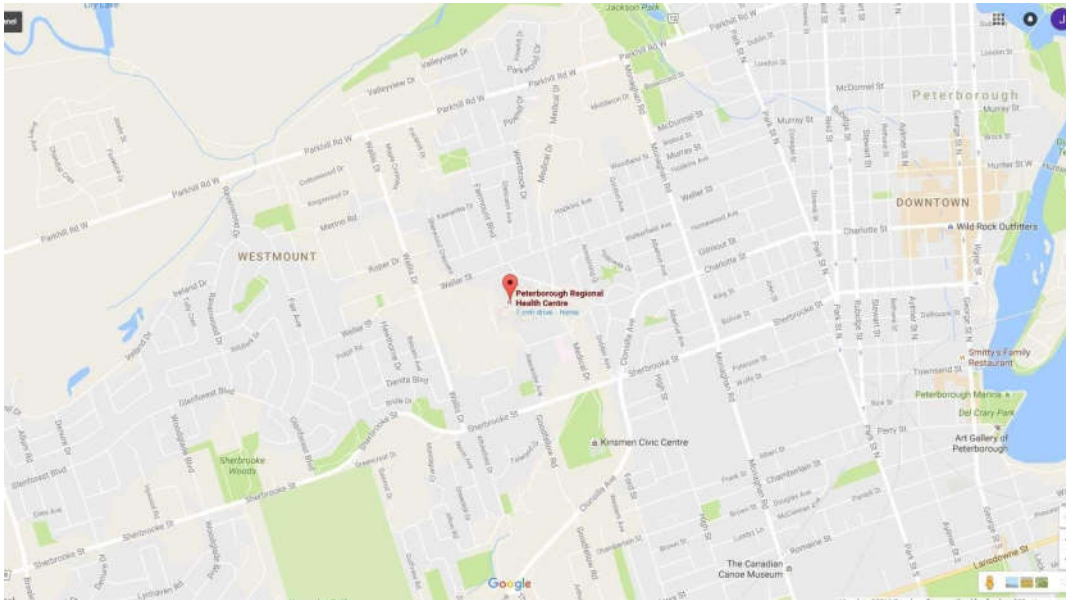
Youth – Age range from 11 – 16 years old

Adult – Age range from 17 - ∞

MEDICAL / HOSPITALS:

PRHC is the closest hospital for all events. All medical issues are to be reported to an event leader immediately. The EAP (Emergency Action Plan) will be available on site at the timing tent.

1 Hospital Dr, Peterborough, ON K9J 7C6 [\(705\) 743-2121](tel:7057432121)



PRIZE LIST

Prizes

Draw prizes will be presented at the end of the season at the Presidents cup. Prizes will not be awarded at each race. Preems will be held, when available, at each race for extra entries for the draw prizes.

Prizes are donated and we are looking for more prizes to give away, contact Jeff at fauldsjeff@gmail.com if you have prizes to donate.